

## PROGRAM POLICY - ICF/ID-H

- 1 It is the policy of OPTIONS to encourage persons served to develop positive, healthy relationships, including sexual relationships when desired. The following guidelines were developed to address situations when a person served by OPTIONS desires a sexual relationship:
  - 1.1 Persons served in residential programs will not have sexual relationships with one another while residing in the same residential program. They will be encouraged to maintain platonic relationships with those who reside in the same home.
    - 1.1.1 If two adult persons residing in the same home decide to enter into a sexual relationship, the QIDP or Program Director will be notified.
    - 1.1.2 Together with the IDT, a plan will be developed. One person may be transferred to another residential program if available, or may consider transferring to another provider.
    - 1.1.3 If a transfer to another OPTIONS program or alternate program is not available or desired, the persons served may be asked to keep the relationship platonic until arrangements can be made for the comfort of others residing in the home.
  - 1.2 If an adult person residing in an ICF/ID-H desires a sexual relationship with an adult partner outside of OPTIONS programs they will:
    - 1.2.1 Discuss the relationship with the QIDP or Program Director.
    - 1.2.2 Together with the IDT, a plan will be developed to help foster a healthy relationship and determine the level of support or guidance desired.
- 2 Physical Contact:
  - 2.1 House Guidelines will be reviewed and revised as needed.
  - 2.2 Hugging is permitted between staff and persons served with permission of both persons involved.
  - 2.3 Any physical contact will remain within the scope of the House Guidelines and Policy 200.4.8-Physical Contact, to meet the comfort level of all other persons present.

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Physical Contact/Sexual Relationship

Policy No. 300.1.4

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