Food and Nutrition

Policy No. 300.3.6

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- It is not the intent of OPTIONS to provide food services during the operational 1 hours of Community Integration Services. Normal hours of operation will span the time during which lunch is normally served. Persons will be responsible for bringing either a sack lunch or sufficient money, on specified days, to purchase lunch. Community Integration Services will provide accessibility to food during the lunch period and time, in order to eat what food was brought or purchased.
- 2 In the event that a person has neither an adequate sack lunch or funds for the purchase of food, OPTIONS will ensure that their nutritional needs are met.
- 3 In cases where a person's eating habits affect their health, the residential care provider will be notified. Upon recommendation from the ID Team, the person will be referred to either an OPTIONS Registered Nurse or to a licensed physician. and a plan to address the nutritional concern will be developed as part of the ISP. The plan will be developed in conjunction with the person's residential provider to ensure coordination and consistency.
- 4 Withholding of food will not be used as a punishment or consequence of a behavioral issue. Nor will the timeliness of regularly scheduled meals or snacks be made contingent upon a person's behavior.
- 5 Pesticides, other toxic substances, and drugs will not be stored where sack lunches or other foods are kept.

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> October 2017 October 2018 November 2019 November 2020 January 2022

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